Another new product we have been able to test this issue is the Artebo Chestguard.

Chestguards are not usually the type of product which we would review in these pages as there would not usually be much to say about an item whose basic design has not changed in decades. Sure you can get them in mesh, cushioned mesh, leather, fake leather and even ultra light models – but they are all basically the same thing.

It has taken the fresh eyes of someone new to the sport of archery to see an opportunity to redesign this commonplace piece of equipment; and that is exactly what Nadja Christow-Rose has done.

When Nadja's 9 year old son started archery just 4 years ago she could not believe that there was not a custom, archery-specific way of dealing with the age old problem of loose clothing and interfering sleeves.

Nadja then took it on herself to design a chestguard for her son which incorporated a sleeve, since then the concept has grown rapidly.

The chestguard as it is now is made of an elasticated fabric for a comfortable fit and also to keep that loose clothing in place. It incorporates the short sleeve of the original and also has a piece of suede –like material for that all important string contact point to provide a smooth, consistent surface.

The chestguard is as comfortable as intended and comes in a variety of sizes to ensure this is the case for everyone. I can also confirm that it is a very well made item and does exactly what it claims in acting as a traditional chestguard and also keeps those extra layers of clothing, so often needed in Britain, out of the way.

Nadja has now also started to produce separate full length sleeves, both in the elasticated material and in a waterproof one. A custom-designed alternative to the elasticated bandages and cycling sleeves which are in common use.

For any more information, or to order a chestguard visit www.artebo.de